

## SYMPTOM CHECKLIST

(PLEASE CHECK THOSE THAT APPLY)



- Sadness/Depressed mood
- Appetite change
- Loss of energy
- Difficulty concentrating
- Loss of interest/pleasure in activities
- Guilt
- Worthlessness
- Hopelessness
- Work Issues
- Trouble falling asleep
- Waking during the night
- Early morning awakening (too early)
- Declining school grades or work performance
- Elevated mood
- Suicidal thoughts
- Do you possess a gun: Circle one Yes / No / Choose not to answer

- Thoughts of hurting others
- Decreased need for sleep
- Speeded up thoughts
- Grandiosity
- Excessive activity
- Irritability

- Excessive Energy
- Hypersexuality
- Excessive worry
- Panic attacks
- Fears/Phobias
- Obsessions
- Compulsions
- Rituals/things needed to be "just so"
- Flashbacks

(PLEASE CHECK THOSE THAT APPLY)



- Feeling others are against you
- Belief that thoughts are being controlled
- Hallucinations
- False Beliefs

- Over activity
- Short attention span
- Distractibility
- Impulsivity
- Lying
- Stealing
- Oppositional or defiant
- Temper problems

- Legal problems
- Aggression/Violence
- Misuse of prescription drugs
- Skipping school

- Fear of becoming fat
- Binge eating
- Vomiting or using laxatives to lose weight

- Problems with family relationships
- Problems with money
- Low Sex Drive
- Memory problems