

SYMPTOM CHECKLIST (PLEASE CHECK ONLY THOSE THAT APPLY)

- Sadness/Depressed mood
  - Appetite change
  - Loss of energy
  - Difficulty concentrating
  - Loss of interest/pleasure in activities
  - Guilt
  - Worthlessness
  - Hopelessness
  - Work Issues
  - Trouble falling asleep
  - Waking during the night
  - Early morning awakening (too early)
  - Declining school grades or work performance
  - Elevated mood
  - Suicidal thoughts
  - Do you possess a gun : Circle one Yes / No / Choose not to answer
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- Thoughts of hurting others
  - Decreased need for sleep
  - Speeded up thoughts
  - Grandiosity
  - Excessive activity
  - Irritability
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- Excessive Energy
  - Hypersexuality
  - Excessive worry
  - Panic attacks
  - Fears/Phobias
  - Obsessions
  - Compulsions
  - Rituals/things needed to be "just so"
  - Flashbacks

- Feeling others are against you
- Belief that thoughts are being controlled
- Hallucinations
- False Beliefs

- Over activity
- Short attention span
- Distractibility
- Impulsivity
- Lying
- Stealing
- Oppositional or defiant
- Temper problems

- Legal problems
- Aggression/Violence
- Misuse of prescription drugs
- Skipping school

- Fear of becoming fat
- Binge eating
- Vomiting or using laxatives to lose weight

- Problems with family relationships
- Problems with money
- Low Sex Drive
- Memory problems